



INDEX OF MARITAL SATISFACTION (IMS)

Name: _____ Today's Date: _____

This questionnaire is designed to measure the degree of satisfaction you have with your present marriage. It is not a test, so there are no right or wrong answers. Answer each item as carefully and as accurately as you can by placing a number beside each one as follows.

- 1 = None of the time
- 2 = Very rarely
- 3 = A little of the time
- 4 = Some of the time
- 5 = A good part of the time
- 6 = Most of the time
- 7 = All of the time

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1. ____ My partner is affectionate enough.
 2. ____ My partner treats me badly.
 3. ____ My partner really cares for me.
 4. ____ I feel that I would not choose the same partner if I had it to do over again.
 5. ____ I feel that I can trust my partner.
 6. ____ I feel that our relationship is breaking up.
 7. ____ My partner really doesn't understand me.
 8. ____ I feel that our relationship is a good one.
 9. ____ Ours is a very happy relationship.
 10. ____ Our life together is dull.
 11. ____ We have a lot of fun together.
 12. ____ My partner does not confide in me.
 13. ____ Ours is a very close relationship.
 14. ____ I feel that I cannot rely on my partner.
 15. ____ I feel that we do not have enough interests in common.
 16. ____ We manage arguments and disagreements very well.
 17. ____ We do a good job of managing our finances.
 18. ____ I feel that I should never have married my partner.
 19. ____ My partner and I get along very well together.
 20. ____ Our relationship is very stable.
 21. ____ My partner is a real comfort to me.
 22. ____ I feel that I no longer care for my partner.
 23. ____ I feel that the future looks bright for our relationship.
 24. ____ I feel that our relationship is empty.
 25. ____ I feel there is no excitement in our relationship.