



INDEX OF PARENTAL ATTITUDES (IPA)

Name: _____ Today's Date: _____

Child's Name: _____

This questionnaire is designed to measure the degree of contentment you have in your relationship with your child. It is not a test, so there are no right or wrong answers. Answer each item as carefully and as accurately as you can by placing a number beside each one as follows.

- 1 = None of the time
- 2 = Very rarely
- 3 = A little of the time
- 4 = Some of the time
- 5 = A good part of the time
- 6 = Most of the time
- 7 = All of the time

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1. ____ My child gets on my nerves.
 2. ____ I get along well with my child.
 3. ____ I feel that I can really trust my child.
 4. ____ I dislike my child.
 5. ____ My child is well behaved.
 6. ____ My child is too demanding.
 7. ____ I wish I did not have this child.
 8. ____ I really enjoy my child.
 9. ____ I have a hard time controlling my child.
 10. ____ My child interferes with my activities.
 11. ____ I resent my child.
 12. ____ I think my child is terrific.
 13. ____ I hate my child.
 14. ____ I am very patient with my child.
 15. ____ I really like my child.
 16. ____ I like being with my child.
 17. ____ I feel like I do not love my child.
 18. ____ My child is irritating.
 19. ____ I feel very angry toward my child.
 20. ____ I feel violent toward my child.
 21. ____ I feel very proud of my child.
 22. ____ I wish my child was more like others I know.
 23. ____ I just do not understand my child.
 24. ____ My child is a real joy to me.
 25. ____ I feel ashamed of my child.