

MPSQ

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THE MULTI-PROBLEM SCREENING QUESTIONNAIRE

INSTRUCTIONS

This questionnaire is designed to obtain information about problems you may be experiencing in eight different areas of personal and social functioning. Answer each item as carefully and as accurately as you can by placing a number beside each one as follows:

- 1 = None of the time
- 2 = Very rarely
- 3 = A little of the time
- 4 = Some of the time
- 5 = A good part of the time
- 6 = Most of the time
- 7 = All of the time
- x = Does Not Apply

You may discover that some of the items do not apply to you or your personal situation. For any such item, please enter an x or X but *do not leave any item blank*.

When you begin to complete the items on this questionnaire you will see that you can very easily make yourself look as good or as bad as you wish. *Please do not do that*. It is extremely important for you to provide the most accurate answers possible even though you may feel embarrassed or uncomfortable. If you provide incorrect or misleading information to those who are trying to assist you, it will be very difficult to provide you with the help that you are seeking.

Please Print Your

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Age: _____ Gender: ___ Male ___ Female Race: _____

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SSAN: _____

Today's

Date: _____

Answer Key

1 = None of the time
2 = Very rarely
3 = A little of the time

5 = A good part of the time
6 = Most of the time
7 = All of the time

1

SUBSCALE: PERSONAL ADJUSTMENT

1. ____ How often do you feel depressed?
2. ____ How often do you feel that your sense of personal work or self-esteem is very poor?
3. ____ How often do you think about committing suicide?
4. ____ How often do you experience high levels of stress?
5. ____ How often do you get into fights with others?
6. ____ How often do you have serious arguments with others?
7. ____ How often do you feel very afraid or fearful?
8. ____ How often do you feel afraid of specific objects, animals or situations?
9. ____ How often do you feel that someone is trying to cause you harm or embarrassment?
10. ____ How often do you feel an intense sense of guilt or shame?
11. ____ How often do you feel that your thinking is confused?
12. ____ How often do you have disturbing thoughts or nightmares?
13. ____ How often do you feel intense anger or rage?
14. ____ How often do you forget things that you normally should remember very easily?

SUBSCALE: PARTNER RELATIONSHIP

15. ____ How often do you feel your relationship with your partner is breaking up or is in trouble?
16. ____ How often do you and your partner have serious arguments?
17. ____ How often do you feel there is no love left in your relationship?
18. ____ How often do you feel that you do not have enough sex with your partner?
19. ____ How often do you feel you would like to end the relationship with your partner?
20. ____ How often do you and your partner seriously disagree over financial management?
21. ____ How often is sex with your partner unsatisfying to you?

SUBSCALE: FAMILY ADJUSTMENT

22. ____ How often do you feel that your family is breaking apart?
23. ____ How often do you feel that yours is a very unhappy family?
24. ____ How often is there violence in your family?
25. ____ How often do family members have serious arguments or fights with one another?
26. ____ How often does one or more of your family drink too much alcohol?
27. ____ How often do you suspect that a family member is being sexually abused?
28. ____ How often is a family member being physically abused (hit, beaten or punished excessively)?
29. ____ How often does one or more of your family abuse drugs?
30. ____ How often does a member of your family get into trouble with the police?

SUBSCALE: WORK ADJUSTMENT

31. ____ How often do you have problems with your boss?
32. ____ How often have you been fired from your job?

Answer Key

1 = None of the time

2 = Very rarely

3 = A little of the time

5 = A good part of the time

6 = Most of the time

7 = All of the time

33. _____ How often do you stay away from work without a good reason?
34. _____ How often are you told that your work is not satisfactory?
35. _____ How often do you feel that you dislike or even hate your job?
36. _____ How often do you feel that you dislike the people with whom you work?
37. _____ How often do you feel that you have other kinds of serious problems with your job?

2

SUBSCALE: SCHOOL ADJUSTMENT

38. _____ How often do you feel that you hate school?
39. _____ How often do you enjoy school work and studies? *
40. _____ How often do you put off studies at school until the last minute?
41. _____ How often do you skip doing your homework?
42. _____ How often do you play at school instead of doing your school work?
43. _____ How often do you study very hard at school? *
44. _____ How often do you feel that you are a good student at school? *
45. _____ How often do you feel that you learn a great deal at school? *

SUBSCALE: SOCIAL ADJUSTMENT

46. _____ How often do you have fights with your neighbors?
47. _____ How often do you feel that you do not have enough friends?
48. _____ How often do you feel that other people are mean or unfriendly?
49. _____ How often do you feel that other people really like you? *
50. _____ How often do you feel really isolated from others?
51. _____ How often do you feel that you despise the people with whom you must associate?
52. _____ How often do you enjoy being with other people? *

SUBSCALE: FINANCIAL PROBLEMS

53. _____ How often are you late in paying your bills?
54. _____ How often are you denied credit at stores, banks, or other lending institutions?
55. _____ How often do you feel you must avoid creditors?
56. _____ How often do you worry about not having enough money to make ends meet?
57. _____ How often do you find yourself short of cash?
58. _____ How often do you skip meals because you do not have enough money?
59. _____ How often do you feel that you spend more than you should?
60. _____ How often do you feel that your management of money is adequate? *

SUBSCALE: PLAY AND LEISURE

61. _____ How often do you enjoy leisure activities? *
62. _____ How often do you feel guilty about having a good time?
63. _____ How often do you rush through leisure activities just to get them out of the way?
64. _____ How often do you feel that you need more leisure and play?
65. _____ How often do you avoid play and leisure because duty calls?

MPSQ SUBSCALE SCORING BLANK

Subscale Name	A Total Items	B Items Used	C Item Sum	D (C - B) Sum-Used	E D*100/(B*6) Score
Personal Adjustment	14	-----	-----	-----	-----
Partner Relationship	07	-----	-----	-----	-----
Family Adjustment	09	-----	-----	-----	-----
Work Adjustment		07	-----	-----	-----
School Adjustment	08	-----	-----	-----	-----
Social Adjustment	07	-----	-----	-----	-----
Financial Problems	08	-----	-----	-----	-----
Play and Leisure	05	-----	-----	-----	-----