



## PHYSICAL ABUSE OF PARTNER SCALE (PAPS)

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

This questionnaire is designed to measure the physical abuse you have delivered upon your partner. It is not a test, so there are no right or wrong answers. Answer each item as carefully and as accurately as you can by placing a number beside each one as follows.

- 1 = Never
- 2 = Very rarely
- 3 = A little of the time
- 4 = Some of the time
- 5 = A good part of the time
- 6 = Very frequently
- 7 = All of the time

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1. \_\_\_\_\_ I physically force my partner to have sex.
  2. \_\_\_\_\_ I push and shove my partner around violently.
  3. \_\_\_\_\_ I hit and punch my partner's arms and body.
  4. \_\_\_\_\_ I threaten my partner with a weapon.
  5. \_\_\_\_\_ I beat my partner so hard he or she must seek medical help.
  6. \_\_\_\_\_ I slap my partner me around his or her face and head.
  7. \_\_\_\_\_ I beat my partner when I'm drinking.
  8. \_\_\_\_\_ I make my partner afraid for his or her life.
  9. \_\_\_\_\_ I physically throw my partner around the room.
  10. \_\_\_\_\_ I hit and punch my partner's face and head.
  11. \_\_\_\_\_ I beat my partner in the face so that he or she is ashamed to be seen in public.
  12. \_\_\_\_\_ I act like I would like to kill my partner.
  13. \_\_\_\_\_ I threaten to cut or stab my partner with a knife or other sharp object.
  14. \_\_\_\_\_ I try to choke or strangle my partner.
  15. \_\_\_\_\_ I knock my partner down and then kick or stomp him or her.
  16. \_\_\_\_\_ I twist my partner's fingers, arms or legs.
  17. \_\_\_\_\_ I throw dangerous objects at my partner.
  18. \_\_\_\_\_ I bite or scratch my partner so badly that he or she bleeds or has bruises.
  19. \_\_\_\_\_ I violently pinch or twist my partner's skin.
  20. \_\_\_\_\_ I hurt my partner while we are having sex.
  21. \_\_\_\_\_ I injure my partner's breasts or genitals.
  22. \_\_\_\_\_ I try to suffocate my partner with pillows, towels, or other objects.
  23. \_\_\_\_\_ I poke or jab my partner with pointed objects.
  24. \_\_\_\_\_ I have broken one or more of my partner's bones.
  25. \_\_\_\_\_ I kick my partner's face and head.